

Restricted Foods

The foods that are restricted from sale to students are classified in the following categories (Item categories not on list are not prohibited to be served or sold to students):

1. Soda Water-Carbonated Beverages which may include the following but not limited to Coca-Cola, Dr. Pepper, Sprite, Diet Coke, Root Beer, Mountain Dew, Pepsi, etc.
2. Water Ices-Snow Cones, Slurpies, Slushies, etc. (this does not include snow cones, etc. made with 100% fruit juice).
3. Chewing Gum-Bubble Yum, Hubba Hubba, Wrigley's, Blow Pops.
4. Certain Candies-processed foods made predominantly from sweeteners or artificial sweeteners with a variety of minor ingredients which characterize the following:
 - (a) Hard Candy-Jolly Ranchers, Mega Warheads, Black Cherry, Cherry Sours, Nerds, Runts, Gobstoppers, Sweetarts, (sour balls, fruit balls, candy sticks, lollipops, starlight mints, after dinner mints, sugar wafers, rock candy, cinnamon candies, breath mints, jaw breakers and cough drops.)
 - b. Jellies and gums-Gummy Apple Rings, Sour Worms, Orange Slices, Itsy Bitsy Gourmet Jelly Beans, Berry Fruit Snacks, Mike & Ike Original, Mike & Ike Sours, Hot Tamales, Gum Drops, (jelly beans, jellied and fruit-flavored slices), etc.
 - c. Marshmallow Candies-Marshmallow Cremes, Peeps, etc.
 - d. Fondant-Candy Corn, Soft Mints, Lemonheads, Cherryheads, Grapeheads, etc.
 - e. Licorice-Twizzlers, any flavor or filling, etc.
 - f. Spun Candy-Cotton Candy, etc.
 - g. Candy Coated Popcorn-Cracker Jacks, Poppycock, etc.

Clarification on Foods of Minimal Nutritional Value (FMNV) policy

Frequently Asked Questions

1. Can cupcakes, pizza, baked goods, etc. be provided during class parties, birthday celebrations?
Yes. The FMNV policy only restricts items such as hard candy, jellies and gums, candy coated popcorn, marshmallow candies, licorice, candy corn, cotton candy, carbonated beverages, etc. Pizza, cupcakes, cookies, Kool-Aid, ice cream, chips, dips, punch, lemonade are not considered foods of minimal nutritional value.
2. Can FMNVs be sold after school hours (sporting events, carnivals, etc)?
Yes. The policy only includes the hours of a normal school day. So, after school parties, social gatherings, and sporting events are not during the school day and restricted foods can be provided, sold, or given away. The policy is only specific to the school premises and school hours.
3. Can parents give their children FMNVs to bring to school?
Yes. Parents can give their child FMNVs, however, they cannot provide enough for their children to share with another student(s) or class.
4. What about fundraisers?
Any item that is not on the USDA-FMNV restricted list can be sold as a fundraiser. Again, donuts, pizza, cupcakes, cheesecake, plain/butter/cheese popcorn, are not considered FMNVs and can be sold.